

Extracts from Indian Railway Medical Manual

Parameter ( C-2 Medical Standard)	Criteria
Vision (General)	<p>Vision tests required in the interest of Administration only. For C-2 category, the standard for <b>distant vision</b> is- 6/12, nil with or without glasses.. The standard of <b>near vision</b> is- Sn.0.6 combined with or without glasses where reading or close work is required.</p> <p>The candidates falling under category C-2 medical categories having power of glasses or more than 4D should be examined by an eye specialist and may be declared fit if there is no evidence of any progressive eye disease.</p>
Cataract	<p>Employees operative for cataract by conventional surgery resulting in aphakia, irrespective of acuity of vision with glasses will not be permitted to continue other than C-1 and C-2</p>
Spectacles & Contact lenses	<p>Contact lenses of all powers are permitted in candidates and employees of categories C-1 &amp; C-2 provided there is no progressive eye disease as certified by an eye specialist.</p>
General Physical examination	<p>a) The candidate must be in good mental and bodily health and free from any defect likely to interfere with the effective performance of the duties of his appointment.</p> <p>b) Examiners will use their own discretion as to the scope of the general physical examination in each case and will judge cases on their merits, taking into consideration the prospective duties of the examinee as also the age of the examinee and need for continued fitness for the remaining years of service.</p> <p>c) Measurement of height, weight and chest girth will be recorded if specifically required. The skin, the connective tissues, the circulatory, respiratory, digestive, nervous, genitourinary, skeletal and muscular system will be subjected to such examination as is deemed necessary. The principal points attended to are connected with ascertaining :-</p> <ul style="list-style-type: none"> <li>i) the condition of heart and lungs</li> <li>ii) the condition of teeth and gums (well filled teeth will be considered as sound)</li> <li>iii) whether there is any evidence of abdominal disease</li> <li>iv) whether there is any hernia or tendency to hernia</li> <li>v) whether there is any degree of hydrocoele, varicose veins or piles</li> <li>vi) whether there is free movement of the joints</li> <li>vii) whether there is any inveterate skin disease</li> <li>viii) whether hearing in each ear is good and whether there is any disease of the ear</li> <li>ix) whether there is any speech defect</li> <li>x) whether there is any contagious disease of the eyes or any other condition likely to lead to impairment of vision</li> <li>xi) whether there is any acute or chronic disease pointing to an impaired constitution, and</li> <li>xii) whether there is any communicable disease.</li> </ul>

Hearing	The examiner will speak in any ordinary conversational voice. The candidate will be at a distance of 6 meters, with his/her back to the examiner. The ears will be separately tested by the occlusion of the other ear or the use of barrany's whistle, if this is available.
Speech	Stammering may disqualify if the candidate has to come in direct contact with the public.
Urine	Urine will be examined if the examinee is over 30 years of age if there is any reason to suspect renal disease or diabetes in any examinee under 30 years of age, his urine will be examined.
Infective conditions & other disorders	<p>Candidates exhibiting the under noted conditions will be rejected irrespective of the employment sought :-</p> <p>(a) Contagious and infective disorders :- Provided that the condition of the candidate having creased to be contagious or infectious, the sequelae arising from such disorder will not be regarded as disqualifying, unless they are in themselves likely to interfere immediately or later with the efficient performance of the duties of their appointment. The following conditions fall inter-alia under the above category :-</p> <ol style="list-style-type: none"> <li>i. Pulmonary tuberculosis</li> <li>ii. Venereal infection</li> <li>iii. Trachoma and other infectious ocular diseases.</li> <li>iv. Leprosy.</li> </ol> <p>(b) Conditions commonly predisposing to invalidity or seriously enhancing the candidates liability to occupational risks, eg :-</p> <ol style="list-style-type: none"> <li>p) Hernia, and well marked hydrocoele, varicose veins or piles : provided that such conditions having been satisfactorily treated by operation, the evidence of their previous existence shall not disqualify</li> <li>q) Un-descended testis, intra-abdominal in position, and un-associated with an inguinal hernia, should not be a cause for rejection. Ectopic testis, located in the inguinal canal, abdominal wall or thigh, being more liable for trauma/torsion, should be passed fit only after the examinee has undergone surgical treatment :</li> <li>r) Flat foot, or knock knees, except in sedentary occupations</li> <li>s) Epilepsy</li> <li>t) Asthma</li> <li>u) Otorrhea</li> </ol> <p>(c) Conditions rendering the association of the candidates with others objectionable e.g :-</p> <ol style="list-style-type: none"> <li>j) Repulsive inveterate skin diseases.</li> <li>ii) Ozoena</li> <li>iii) Foetor associated or otherwise with pyorrhea alveolaris</li> </ol> <p>(d) Constitutional disorders commonly deemed progressive and chronic disorders liable of recurrent exacerbation of a disabling kind.</p>